**Course objectives**

By the end of the course students will be able to

* Application of basic nutrition knowledge to selected problems in the community.
* History of community and public health nutrition
* Assessments of community nutritional status
* Social marketing in nutrition programs
* Socio-cultural and ethnic food consumption issues and trends for various consumers
* Available nutritional intervention at individual and community level
* Nutrition promotion and disease prevention theories and guidelines

Application of learning theories with individuals and groups in community settings

**Course content**

1. The field of studying community nutrition

1.1 basic concept

1.2 community nutrition practice

1.3 community versus public health nutrition

1.4 professional roles and practice in community nutrition

1.5 goals for community nutrition programs

2. Assessing, planning and delivering community nutrition programs

2.1 assessing community resources

2.2 steps in community needs assessment

2.3 assessing the target population’s nutritional status

2.4 program planning

2.5 designing community nutrition interventions

3. The art and science of policy making

3.1 The process of policy making

3.2 The legislative and regulatory process

3.3 national nutrition policy

4. Implementation of community nutrition education programs

4.1 The decision process

4.2 The development process

4.3 The dissemination process

5. Marketing nutrition and health promotion

5.1 Social marketing

6. Ethics in community nutrition

6.1 ethics and morality

6.2 values and ethical principles

6.3 working in cross cultural and multicultural settings